

1. The 'Prarambh Summit' is associated with which of the following?

- A) India-UK Free Trade Agreement
- B) Startup ecosystem at international level
- C) Protection of child rights
- D) Cooperation in Quantum Technology applications

2. Which treaty was signed between Maharaja Gulab Singh and the East India Company, leading to the acquisition of Jammu & Kashmir?

- A) Treaty of Lahore
- B) Treaty of Shimla
- C) Treaty of Panipat
- D) Treaty of Amritsar

3. Consider the following pairs:

| <b>Storm</b>       | <b>Meaning</b>  |
|--------------------|---|
| i. Mango Shower    | a. Pre-Monsoon showers which help in blossoming of coffee flowers |
| ii. Blossom Shower | b. Pre-Monsoon showers which help in the ripening of mangoes      |
| iii. Nor Westers   | c. Hot, dry and oppressing winds blowing in Northern plains       |
| iv. Loo            | d. Evening thunderstorms in Bengal and Assam                      |

Which of the above pairs are correctly matched?

- A) i-a, ii-b, iii-c, iv-d
- B) i-b, ii-a, iii-d, iv-c
- C) i-c, ii-d, iii-a, iv-b
- D) i-d, ii-a, iii-b, iv-c

4. Consider the following statements.

- a. Laterite soils of India are generally red in colour.
- b. They are rich in nitrogen and potash.
- c. They are well-developed in Rajasthan and UP.
- d. Tapioca and cashew nuts grow well on these soils.

Which of the above statements is/are correct?

- A) a, b and c
- B) b, c and d
- C) a and d
- D) b and c only



5. Arrange the following events in chronological order.
- Non-Cooperation Movement
  - Quit India Movement
  - Dandi March
  - Jallianwala Bagh Massacre
- Which of the following is correct order.
- a, d, c, b
  - b, a, c, d
  - d, a, c, b
  - d, c, b, a
6. Arrange the following states according to their Lok Sabha seats in ascending order.
- West Bengal
  - Maharashtra
  - Bihar
  - Tamil Nadu
- Choose the correct answer.
- b, a, c, d
  - a, b, c, d
  - b, a, d, c
  - b, c, d, a
7. The traveller enquired \_\_\_\_\_ the farmer if he could tell him the way \_\_\_\_\_ the nearest inn
- To, of
  - Of, of
  - Of, to
  - To, to
8. What does the idiom "salt of the earth" mean?
- Someone who is wealthy
  - Someone who is genuine, good, and honest
  - Someone who is always busy
  - Someone who is mysterious and reserved
9. In which sentence is the modal verb used to express necessity?
- You should take a break.
  - You can take a break.
  - You might take a break.
  - You will take a break.
10. I will definitely help John; he \_\_\_\_\_ it.
- Deserves
  - Will deserve
  - Deserve
  - Deserved

11.

12.

13.

14.

15.



11. The north India's largest zoo 'Jamboo Zoo' is situated in

- A) Udampur
- B) Srinagar
- C) Pahalgam
- D) Nagrota

12. Name the Governor General who abolished 'Sati' in 1829.

- A) Lord Clive
- B) Lord Curzon
- C) Lord Bentinck
- D) Lord Dalhousie

13. According to Koppen's classification of climate, Ladakh is

- A) Dwd
- B) Dfd
- C) Cf
- D) Bwk

14. The wettest place on earth is

- A) Mawsynram
- B) Amazon
- C) Antartica
- D) West Bengal

15. Silk, the natural form of fiber is obtained from

- A) Sheep
- B) Cocoon
- C) Jute plants ✓
- D) Cotton balls



16. Nandan Kanan zoo is known for

- A) Hippo
- B) NilgiriTahr
- C) White Tiger
- D) Whale

17. Find the proper sequence

P: we must read

Q: if we want to absorb the fruits of great literature

R: but with concentration

S: them not as we do cricket stories

- A) PRQS
- B) PRSQ
- C) PSQR
- D) QPSR

18. Choose the correct synonym of the given word:

**Consummation**

- A) Act of forgiveness
- B) Act of devouring
- C) Failure
- D) Ultimate completion

19. Choose the correct antonym of the given word:

**Dissolute**

- A) Distant
- B) Repulsive
- C) Honest
- D) Moral

20. Convert the following active voice sentence into passive voice -

"Is Sarah writing the novel?"

- A) Is the novel being written by Sarah?
- B) Had the novel being written by Sarah?
- C) The novel has been written by Sarah?
- D) Was the novel written by Sarah?

(Set - A)

(6)

21. Find

10, 1

A)

B)

C)

D)

22. If th

cons

A)

B)

C)

D)

23. The

six

A)

B)

C)

D)

24. A

car

A)

B)

C)

D)

25. T

in

th

A

B

C

D

(Set - A)



21. Find the missing number in the following series:

10, 100, 200, 310, ?

- A) 430
- B) 420
- C) 410
- D) 440

$$\begin{array}{r} 310 \\ - 200 \\ \hline 110 \\ + 310 \\ + 120 \\ \hline 430 \end{array}$$

22. If the price of the commodity is increased by 50% by what fraction must its consumption be reduced so as to keep the same expenditure on its consumption?

- A) 1/4
- B) 1/3
- C) 1/2
- D) 2/3

$$\begin{array}{l} 2:3 \\ 9:11 \\ 8:5 \end{array}$$

23. The average weight of a group of seven boys is 56 kg. The individual weights (in kg) of six of them are 52, 57, 55, 60, 59 and 55. Find the weight of the seventh boy.

- A) 45 Kg
- B) 54 Kg
- C) 49 Kg
- D) 58 Kg

$$\begin{array}{l} A = 56 \\ 56 = \frac{52 + 57 + 55 + 60 + 59 + 55 + x}{7} \\ 56 \times 7 = 394 + x \\ x = 54 \end{array}$$

24. A person sells the car to another person at a loss of 10%. If the second person sells the car for Rs. 54,000 and receives a 20% gain, what's the actual price of the car?

- A) Rs. 60,000
- B) Rs. 25,000
- C) Rs. 75,000
- D) Rs. 50,000

$$\begin{array}{l} \text{gain} = \frac{P}{CP} \times 100 \\ 20 = \frac{54000}{CP} \times 100 \\ CP = 270000 \\ \frac{20}{100} \times 540000 \\ 54000 + 12000 \\ \hline 76000 \end{array}$$

25. The number of students in 3 classes is in the ratio of 2 : 3 : 4. If 12 students are increased in each class this ratio changes to 8 : 11 : 14. The total number of students in the three classes in the beginning was

- A) 162
- B) 108
- C) 95
- D) 54

$$\begin{array}{l} 76000 \times \frac{6}{100} \\ 76000 \times \frac{6}{100} \\ 4560 \\ 392 \\ \hline 392 \end{array}$$



26. If A and B together can complete a work in 15 days and B alone in 20 days, in how many days can A alone complete the work?

- A) 60
- B) 45
- C) 40
- D) 30

Handwritten solution for Q26:  
 $A+B = 15$   
 $B = 20$   
 $M.D. = \frac{M \times D}{W}$   
 $M.D. = \frac{M \times 20}{15}$   
 $A+B = 15$   
 $A = 15 - B$   
 $\frac{15 - B}{20} = \frac{1}{15}$   
 $15(15 - B) = 20$   
 $225 - 15B = 20$   
 $15B = 205$   
 $B = \frac{205}{15}$   
 $A = 15 - \frac{205}{15}$   
 $A = \frac{225 - 205}{15}$   
 $A = \frac{20}{15}$   
 $A = \frac{4}{3}$   
 $D = \frac{W}{A} = \frac{15}{\frac{4}{3}} = \frac{15 \times 3}{4} = \frac{45}{4} = 11.25$

27. Complete the series -  
 $18, 28, 40, 54, 70, ?$

- A) 78
- B) 88
- C) 94
- D) 98

28. Complete the series.  
 RAP, MAP, HOT, FUN, ?

- A) HNE
- B) PGI
- C) STN
- D) CAT

RAP

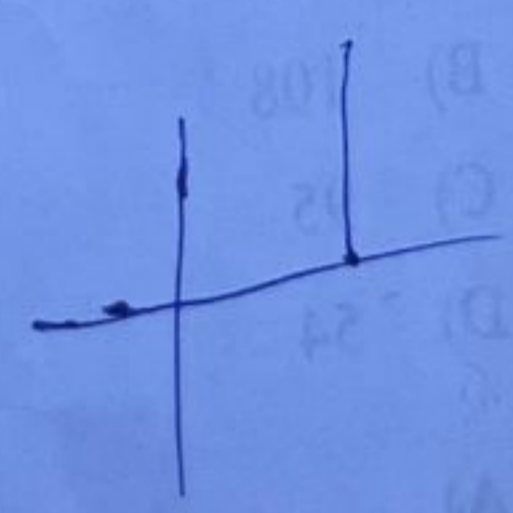
Handwritten solution for Q28:  
 BLEND  
 ENHPG  
 WINNER  
 ZKQPHT

29. In a code language, BLEND is written as ENHPG. How will WINNER be written in the same language?

- A) ZKQPHT
- B) ZKQPHU
- C) YKQPHT
- D) ZKOPHT

30. Purusottam walks 5 km towards East and reaches Mamata's house. From there he walks towards North for 10 km to reach his gym. His gym is in which direction of his home?

- A) North
- B) West
- C) North-East
- D) North-West





31. ✓ Which of the following is a renewable source of energy that is used to power vehicles?
- A) Coal
  - B) Oil
  - C) ✓ Propane
  - D) Ethanol
32. ✓ Children with pot belly is an indicative of which type of disease
- A) Goitre
  - B) Anaemia
  - C) ✓ Kwashiorkor
  - D) Chickenpox
33. The amount of air that moves in and out of the lungs, with each inspiration and expiration is called -
- A) Residual volume
  - B) Vital capacity
  - C) Tidal volume
  - D) Tidal capacity
34. The PMGSY was launched in the year?
- A) 2000
  - B) 2002
  - C) 2003
  - D) 2004
35. ✓ Which of the given diseases caused due to the deficiency of iodine?
- A) Cancer
  - B) Night Blindness
  - C) ✓ Goitre
  - D) Rickets
36. ✓ Vitamin which is believed to cure the common cold
- A) A
  - B) K
  - C) ✓ C
  - D) E
37. ✓ Which is the most stable ecosystem?
- A) Forest
  - B) Desert
  - C) Marine
  - D) ✓ Grassland



38. What is the dominating range of light wavelengths in the lower atmosphere?
- A) Less than 100 nm
  - B) Greater than 300 nm
  - C) Between 100 and 300 nm
  - D) All wavelengths are equally present
39. In which sphere Ozone layer depletion is found?
- A) Ionosphere
  - B) Stratosphere
  - C) Lithosphere
  - D) Tatosphere
40. The term vaccine was introduced by
- A) Edward Jenner
  - B) Robert Koch
  - C) Louis Peter
  - D) Von Behring
41. Right to property was made a Legal right from a Fundamental Right by which among the following amendments to Indian Constitution?
- A) 42<sup>nd</sup>
  - B) 44<sup>th</sup>
  - C) 45<sup>th</sup>
  - D) 77<sup>th</sup>
42. The Preamble of the Indian Constitution was adopted on:
- A) 26<sup>th</sup> January 1950
  - B) 26<sup>th</sup> November 1949
  - C) 15<sup>th</sup> August 1947
  - D) 9<sup>th</sup> December 1946
43. In which of the following only decade, India's Population had shown negative growth?
- A) 1901-1911
  - B) 1911-1921
  - C) 1921-1931
  - D) 1931-1941



44. When was first census held in India?

- A) 1869
- B) 1872
- C) 1871
- D) 1885

45. Kesari, a newspaper started by freedom fighter Bal Gangadhar Tilak, was published in which language?

- A) Bengali
- B) Hindi
- C) English
- D) Marathi

46. Annie Besant was associated with?

- A) Khilafat Movement
- B) Non-Cooperation Movement
- C) Civil Disobedience Movement
- D) Home Rule League

47. What is Gulmarg famously known as?

- A) Mountain Queen
- B) Meadow of Flowers
- C) The crown of Kashmir
- D) Gods own country

48. Who composed the famous song 'Sare Jahan Se Achha'?

- A) Jaidev
- B) Bankim Chandra Chatterjee
- C) Mohammad Iqbal
- D) Rabindranath Tagore

49. \_\_\_\_\_ shows how the contents on printed page will appear with margin, header and footer.

- A) Page Layout
- B) Draft
- C) Full screen reading
- D) Outline



50. To select the current column in MS Excel, we press
- A) Ctrl + Enter
  - B) Ctrl + Spacebar
  - C) Ctrl + Shift
  - D) Shift + Enter
51. What is a Firewall in Computer Network?
- A) A web browsing software
  - B) The physical boundary of Network
  - C) An OS of computer Network
  - D) A system designed to prevent unauthorized access
52. The PowerPoint view that displays only text (title and bullets) is
- A) Outline View
  - B) Notes page view
  - C) Slide sorter
  - D) Slide show
53. Which PowerPoint view displays each slide of the presentation as a thumbnail and is useful for rearranging slides?
- A) Slide Master
  - B) Slide Show
  - C) Slide Sorter
  - D) Notes Page
54. The use of Information Technology (IT) to improve the ability of government to address the needs of the society is known as
- A) E-Business
  - B) E-Admin
  - C) E-Governance
  - D) E-Marketplace
55. \_\_\_\_\_ provides network backbone and e-governance support to government bodies in India.
- A) NIC
  - B) NASSCOM
  - C) CII
  - D) MIETY



56. What is Anti-Spyware software?
- A) Checks files before they are loaded on the computer
  - B) Makes the files non-readable
  - C) Manages data traffic
  - D) It detects and removes programs installed illegally on a user's computer system
57. In MS Excel, Comments put in cells are called \_\_\_\_\_.
- A) Smart Tip
  - B) Soft Tip
  - C) Web Tip
  - D) Cell Tip
58. Which of the following is an absolute cell reference ?
- A) !A!1
  - B) \$A\$1
  - C) #A#1
  - D) A1
59. Which one best expresses the statement 'He said, "I must go at once"' in Indirect speech?
- A) He said that he has to go at once
  - B) He said that he had gone at once
  - C) He said that he had to go at once
  - D) He asked if he had to go at once
60. A sentence is broken into 4 parts. Identify the part which has an error.
- A) Those two men were
  - B) Quarrelling with one another
  - C) Claiming the same watch as their own
  - D) Since morning



61. Which of the following is not an essential feature of a community?
- Population
  - Locality
  - We-feeling
  - Smallness in size
62. Who has defined an institution as a concept and a structure?
- W.G. Sumner
  - Gillin
  - A. Green
  - R. MacIver
63. Basic social institutions are those that are necessary for the survival of society. Which one of the following is not considered as a basic social institution?
- Family
  - State
  - Religion
  - Economy
64. Which of the following statements regarding Society are **TRUE**?
- Its people share a distinct culture.
  - It occupies a particular territorial area.
  - It is independent.
  - It has a structure of inter-related roles.
- Select the correct answer from the options given below:
- a only
  - a, b only
  - a, b, and c only
  - All of the above
65. According to Foucault, through which two significant concepts evolved over time in the domain of Genealogy, introduced "Civilized Society"?
- Class conflict and Mode of productions
  - Crime and Punishment
  - Discipline and Punish
  - None of the Above
66. Which German sociologist's social theory has often been labeled 'Formal Sociology'?
- Georg Simmel
  - Herbert Spencer
  - Max Weber
  - None of the Above
67. Who among the following wrote "An Essay on the Principle of Population"?
- Malthus
  - J.S Mill
  - K. Marx
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68. Consider the following statements:
- Society is a system of social relationships while institutions are rules of procedures.
  - Institutions are recognized and accepted by society.
  - Institutions govern relations between members of society.
  - Society represents human aspect, while an institution is a social condition of conduct.

Which of the following statements is/are correct:

- a and b
- a, b and c
- a and d
- a, b, c, and d

69. Consider the following pairs.

- |                     |   |
|---------------------|---|
| a. Sororal polygyny | 1. Marriage of a man with several sisters.                              |
| b. Hypergamy        | 2. Marriage of a man with the childless widow of his deceased brother.  |
| c. Anuloma          | 3. Inter-caste marriage (men of higher caste weds women of lower caste) |
| d. Levirate         | 4. The marriage of daughter in the superior or noble family.            |

Which of the above pairs are correctly matched?

- a and c only
- b and d only
- a, c and d only
- a, b, c and d

70. Consider the following pairs:

- | (Thinkers)          | (Classification of groups)       |
|---------------------|----------------------------------|
| a. Miller           | 1. Community Association         |
| b. Tonnies          | 2. Vertical - Horizontal         |
| c. Park and Burgess | 3. Genetic-Congregate            |
| d. Giddings         | 4. Territorial - Non-territorial |
|                     | 5. Positive - Negative           |

Which of the pairs given above is/are correctly matched?

- a-1, b-3, c-2, d-5
- a-1, b-2, c-3, d-4
- a-2, b-1, c-4, d-3
- a-4, b-3, c-5, d-1

71. Which of the following is a commonly cited factor contributing to the gender pay gap?

- Educational attainment
- Occupational segregation
- Physical strength
- Marital status

(Set - A)



72. Consider the following pairs:

- |                                    |                  |
|------------------------------------|------------------|
| a) Field Theory                    | 1. George Homans |
| b) Social Exchange Theory          | 2. Kurt Lewin    |
| c) Psychosocial Development Theory | 3. Erik Erikson  |
| d) Social Conflict Theory          | 4. Lewis Cozey   |

Choose the correct answer from the options given below:

- A) a - 2, b - 1, c - 3, d - 4  
B) a - 1, b - 2, c - 3, d - 4  
C) a - 3, b - 2, c - 1, d - 4  
D) a - 4, b - 3, c - 2, d - 1

73. What type of treatment is often used for OCD?

- A) Cognitive Behavioral Therapy (CBT)  
B) Medication  
C) Medication and Cognitive Behavioral Therapy (CBT)  
D) Chiropractic Therapy

74. Which international convention is specifically dedicated to the elimination of all forms of discrimination against women?

- A) International Covenant on Civil and Political Rights  
B) Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW)  
C) Convention on the Rights of the Child  
D) International Covenant on Economic, Social and Cultural Rights

75. Which of the following correctly lists Erik Erikson's first four stages of psychosocial development in the correct order?

- A) Trust vs. Mistrust, Autonomy vs. Shame and Doubt, Initiative vs. Guilt, Industry vs. Inferiority  
B) Trust vs. Mistrust, Initiative vs. Guilt, Autonomy vs. Shame and Doubt, Industry vs. Inferiority  
C) Autonomy vs. Shame and Doubt, Trust vs. Mistrust, Initiative vs. Guilt, Industry vs. Inferiority  
D) Trust vs. Mistrust, Industry vs. Inferiority, Autonomy vs. Shame and Doubt, Initiative vs. Guilt

76. Identify the correct sequence in stages of development given by Freud:

- A) Oral, phallic, anal, latency, genital  
B) Oral, latency, phallic, anal, genital  
C) Oral, genital, phallic, latency, anal  
D) Oral, anal, phallic, latency, genital

77. Which theory suggests that socialization occurs through observational learning and imitation?

- A) Structural Functionalism  
B) Social Learning Theory  
C) Conflict Theory  
D) Psychoanalytic Theory



78. Which of the following is a common characteristic of Generalized Anxiety Disorder (GAD)?

- A) Sudden, unexpected panic attacks
- B) Persistent, excessive worry about various aspects of life
- C) Flashbacks and nightmares related to a traumatic event
- D) Avoidance of social situations due to fear of embarrassment

79. Which disorder is characterized by recurrent, unexpected panic attacks followed by concern about having more attacks?

- A) Panic disorder
- B) Generalized Anxiety Disorder (GAD)
- C) Panic disorder and Social Anxiety Disorder
- D) Post-Traumatic Stress Disorder (PTSD) and panic disorder

80. What does OCD stand for?

- A) Obsessive-Compulsive Disease
- B) Obsessive-Compulsive Disorder
- C) Overactive Compulsive Disorder
- D) Obsessive Control Disorder

81. Which theory provides basis for special provision for deprived sections?

- A) Pure Theory
- B) Difference Theory
- C) Sovereign Theory
- D) Utilitarian Theory

82. Who was the founder of the International Committee of the Red Cross?

- A) Henry Dunant
- B) F. Lieber
- C) Rousseau
- D) None of the above

83. Which of the following is a significant challenge hindering women's political participation in India?

- A) Legal barriers preventing women from voting
- B) Lack of interest among women in politics
- C) Gender-based violence and harassment in political spaces
- D) Government initiatives promoting women's leadership roles

84. Which one of the following statements is **NOT CORRECT** about the Refugees?

- A) They are outside their country.
- B) Poverty as reason of being outside the country.
- C) Absence of National protection.
- D) Fear of persecution.



85. Which model is most commonly used in social work to address substance abuse and addiction issues?

- A) Medical Model
- B) Harm Reduction Model
- C) Strengths-Based Model
- D) Psychoanalytic Model

86. Guidelines for arrest of persons by the police were given by the Supreme Court in which of the following cases?

- A) Maneka Gandhi vs. Union of India
- B) Auto Sankar vs. State of Tamil Nadu
- C) Hussainara Khatoon vs. State of Bihar
- D) D.K Basu vs. State of West Bengal

87. Which one of the following Acts does define a 'Child' as a person below the age of 14?

- A) Child labour (Prohibition and Regulation) Act
- B) Juvenile Justice (Care and Protection) Act
- C) Protection of Children from Sexual Offences Act
- D) Prohibition of Child Marriage Act

88. Which international document serves as the primary legal instrument for the protection and promotion of children's rights?

- A) The United Nations Charter
- B) The Universal Declaration of Human Rights
- C) The Convention on the Rights of the Child (CRC)
- D) The International Covenant on Economic, Social and Cultural Rights

89. Which of the following statements are correct about the National Advisory Council (NAC)?

- a) The National Advisory Council is a statutory body.
- b) It is headed by the Prime Minister of India.
- c) It facilitates constant interaction with leaders of civil society.
- d) It provides policy and legislative inputs to the Government of India.

Which of the following statements is/are correct?

- A) a, b and c
- B) b, c and d
- C) a, c and d
- D) c and d

90. Which one of the following categories of Fundamental Rights incorporates 'Abolition of Untouchability'?

- A) Right to Religion
- B) Right to Equality
- C) Right to Freedom
- D) Right against Exploitation



91. Which of the following initiatives was launched first to tackle poverty in India?  
A) Mahatma Gandhi National Rural Employment Guarantee Act (MGNREGA)  
B) Pradhan Mantri Awas Yojana (PMAY)  
C) Integrated Rural Development Programme (IRDP)  
D) National Food Security Act (NFSA)

92. Which among the following is observed as International Day for Natural Disaster Reduction?  
A) 13<sup>th</sup> September  
B) 13<sup>th</sup> October  
C) 13<sup>th</sup> November  
D) 13<sup>th</sup> December

93. Which of the following indicators is primarily used to measure the educational attainment within a society?  
A) Life Expectancy  
B) Literacy Rate  
C) Gross Domestic Product (GDP)  
D) Infant Mortality Rate

94. Which indicator is often used to assess the overall health status and quality of life of a population?  
A) Gross National Income (GNI)  
B) Unemployment Rate  
C) Life Expectancy  
D) Population Density

95. Consider the following pairs:

|                      |  |
|----------------------|--|
| a. Renewable Energy  | 1. The process by which Earth's atmosphere traps solar radiation, leading to an increase in surface temperatures.  |
| b. Carbon Footprint  | 2. The total amount of greenhouse gases emitted directly or indirectly by human activities                         |
| c. Anthropogenic     | 3. Actions taken to reduce or prevent the emission of greenhouse gases and minimize the impacts of climate change. |
| d. Mitigation        | 4. Relating to or resulting from the influence of human beings on nature.  |
| e. Greenhouse Effect | 5. Energy derived from sources that are naturally replenished, such as sunlight, wind, and water.                  |

Which of the pairs given above is/are correctly matched?

- A) a-5, b-2, c-4, d-3, e-1
- B) a-1, b-2, c-4, d-5, e-3
- C) a-2, b-1, c-3, d-4, e-5
- D) a-2, b-1, c-4, d-3, e-5



96. Which international protocol is specifically designed to prevent, suppress, and punish trafficking in persons, especially women and children?

- A) The Geneva Conventions
- B) The Palermo Protocol
- C) The Kyoto Protocol
- D) The Paris Agreement

97. Which approach is most effective for addressing the issue of beggary from a social work perspective?

- A) Criminalization of begging
- B) Providing vocational training and rehabilitation programs
- C) Ignoring beggars to discourage begging
- D) Increasing law enforcement presence in urban areas

98. Which of the following measures is most effective in reducing corruption within public institutions?

- A) Increasing the number of public holidays
- B) Implementing strict transparency and accountability mechanisms
- C) Reducing employee wages
- D) Limiting public access to information

99. Which concept refers to the abuse of entrusted power for private gain?

- A) Social justice
- B) Human rights
- C) Corruption
- D) Transparency

100. According to Piaget, at which stage do children develop the ability to think logically about abstract concepts?

- A) Sensorimotor Stage
- B) Preoperational Stage
- C) Concrete Operational Stage
- D) Formal Operational Stage

101. What is the primary focus of development during the Sensorimotor stage according to Piaget's Theory of Cognitive Development?

- A) Development of abstract thinking
- B) Mastery of logical operations
- C) Acquisition of language
- D) Coordination of sensory experiences with physical actions

102. Which macronutrient is the body's main source of energy?

- A) Proteins
- B) Fats
- C) Carbohydrates
- D) Vitamins



103. Which vitamin is crucial for the absorption of calcium in the body?

- A) Vitamin A
- B) Vitamin B12
- C) Vitamin C
- D) Vitamin D

104. Which hormone regulates blood glucose levels by facilitating the uptake of glucose into cells?

- A) Glucagon
- B) Insulin
- C) Adrenaline
- D) Cortisol

105. What is the main goal of health promotion?

- A) Cure diseases
- B) Prevent diseases and enhance health
- C) Develop new medications
- D) Provide emergency care

106. At what minimum internal temperature should poultry be cooked to ensure it is safe to eat?

- A) 145°F (63°C)
- B) 155°F (68°C)
- C) 165°F (74°C)
- D) 175°F (79°C)

107. Which type of bacteria is most commonly associated with foodborne illness from undercooked or raw eggs?

- A) E. coli-
- B) Listeria
- C) Salmonella
- D) Staphylococcus

108. What is cross-contamination?

- A) Using the same cutting board for raw meat and vegetables without washing it
- B) Storing cooked food in the refrigerator
- C) Cooking food to the right temperature
- D) Washing hands before handling food

109. Which of the following is a common symptom of food poisoning?

- A) Headache
- B) Fever
- C) Muscle pain
- D) Nausea and vomiting



110. What is the primary function of phosphorus in the human body?

- A) Development of bones and teeth
- B) Regulation of pH of body fluids
- C) Regulation of muscle contraction
- D) None of the Above

111. Which non-governmental organization (NGO) is known for providing medical assistance in disaster-stricken areas worldwide?

- A) Doctors Without Borders
- B) World Health Organization (WHO)
- C) UNICEF
- D) International Red Cross

112. In commemoration of whose birth anniversary was the Sansad Adarsh Gram Yojana (SAGY) launched?

- A) Sri. Deendhayal Upadhyaya
- B) Sri. Jayaprakash Narayan
- C) Sri. Atal Bihari Vajpayee
- D) Mahatma Gandhi

113. Which of the following is/are objectives of Beti Bachao and Beti Padhao Programme?

- a) Prevent gender biased sex selective elimination
- b) Ensure survival and protection of girl child
- c) Ensure education of the girl child
- d) Ensure proper nutrition for girl child

Which of the above given objectives are correctly matched?

- A) a and d only
- B) a, b and c only
- C) b and d only
- D) a, b, c and d

114. Choose the correct sequence of the following Central Government Programmes based on the year of their launch in the chronological order :

- a) Atal Pension Yojana
- b) Pradhan Mantri Gramin Awas Yojana
- c) Integrated Child Development Services
- d) Mahatma Gandhi National Rural Employment Guarantee Scheme
- e) Integrated Rural Development Programme

- A) e, c, b, a, d
- B) c, e, b, d, a
- C) b, c, e, d, a
- D) b, a, c, e, d



115. What is the main focus of "Atal Pension Yojana" (APY)?
- A) Retired persons from Quasi-government sector
  - B) Workers of unorganised sector
  - C) Workers of organised sector
  - D) Ex-servicemen

116. Consider the following pairs:

- a. International Day for the Elderly
- b. World AIDS Day
- c. World Food Day
- d. Human Rights Day

- 1. 10<sup>th</sup> December
- 2. 16<sup>th</sup> October
- 3. 1<sup>st</sup> October
- 4. 1<sup>st</sup> December

- A) a-3, b-2, c-1, d-4
- B) a-2, b-4, c-3, d-1
- C) a-1, b-3, c-4, d-2
- D) a-3, b-4, c-2, d-1

117. Which ministry is responsible for the initiative "Maintenance and Welfare of Parents and Senior Citizens Act, 2001"?

- A) Ministry of Social Welfare
- B) Ministry of Law and Justice
- C) Ministry of Parliamentary Affairs
- D) Ministry of Social Justice and Empowerment

118. Which level of healthcare facility is primarily involved in the implementation of (Janani Suraksha Yojana) JSY?

- A) Primary Health Centres (PHCs)
- B) District Hospitals
- C) Tertiary Care Centres
- D) Private Clinics

119. Which government programme in India provides free medical treatment to children suffering from serious illnesses?

- A) Ayushman Bharat
- B) Rashtriya Swasthya Bima Yojana (RSBY)
- C) National Health Mission (NHM)
- D) Rajiv Gandhi Jeevandayee Arogya Yojana

120. What is the main objective of the Poshan Abhiyan (National Nutrition Mission)?

- A) To reduce the prevalence of undernutrition and stunting in children
- B) To provide free medical education
- C) To offer employment opportunities to women
- D) To promote sports activities among adolescents